



Monday February 5th

Executive buffet menu

Starters

- *Salad bar*
- *Caesar salad station*
- *Salad with leafy greens, pears, orange, caramelized walnuts, tomatoes, national cheese and lemon and spiced syrup dressing*
- *Golden baby potatoes, beetroot, egg, red onion rings, carrots and mayonnaise, decorated with mustard leaves*
- *Coleslaw salad (cabbage, carrots, mayonnaise, salt, pepper, sugar, lemon)*
- *Pumpkin cream soup with croutons (squash, potato, whipping cream, onion, olive oil, chicken broth)*
- *Traditional Panamanian ceviche (red snapper fish, red onion, celery, Persian lemon, tangerine lemon, salt, chombo chili, trompito chili, cilantro)*

Hot station

- *Chicken breast in roasted garlic and rosemary sauce (Chicken breast, garlic, vegetable oil, mayonnaise, thyme, cilantro)*
- *Beef fillet in red wine sauce (Beef fillet, salt, pepper, red wine, demi glaze, thyme, parsley)*
- *Salmon in passion fruit sauce (Fresh salmon, passion fruit pulp, salt, pepper, dill, white stock, white wine)*
- *Rice with fine herbs (National rice, garlic, onion, vegetable oil, dill, thyme, rosemary, parsley, pepper)*
- *Vegetables provencal (Eggplants, zucchini, tomato, red onion, garlic, olive oil)*
- *Panamanian style mini tamales (Corn flour, chicken, onion, annatto, raisins, tomato, cilantro, paprika, garlic, green olives, bijao leaf)*

Desserts

- *Strawberry cheesecake (cream cheese, white sugar, eggs, María Cracker)*
- *Lemon mousse (lemon juice, whipping cream, gelatine, white sugar)*
- *Fruit (apple, banana, pear, tangerine)*



Tuesday February 6th ***Executive buffet menu***

Starters

- *Salad bar*
- *Caesar salad station*
- *Potato and peas salad (potatoes, salt, pepper, peas, butter, tomato, white onion)*
- *Green leaves salad with regional flavors (lettuce, orange, tomatoes, parsley, mint, cilantro, basil, lemon juice, garlic)*
- *Pasta and vegetable salad with sweet mustard dressing (short pasta, red onion, peppers, carrot, corn, sweet mustard)*
- *Panamanian style chicken soup (yam, chicken, oregano, water, cilantro, salt)*
- *Ceviche glorificado (sour cream, green apple)*

Hot station

- *Chicken breast in mustard and thyme sauce (grilled chicken breast finished in the oven, with mustard and thyme sauce)*
- *Catch of the day in garlic sauce (baked fish with garlic sauce)*
- *Pork loin in rum and sugarcane honey sauce (beef stock, orange juice, grandfather rum, cane honey)*
- *Rice with coconut (national rice, coconut milk and grated coconut)*
- *Sweet plantain (traditional, with cane honey, orange juice)*
- *Steamed vegetables (carrots, zucchini, eggplant, broccoli)*

Desserts

- *Coconut cookie with cashew seeds (grated coconut, sugarcane honey, cashew)*
- *Traditional caramel flan (milk, sugar, eggs, vanilla, concentrated sugared milk, evaporated milk, caramel)*
- *Fruit (apple, banana, pear, tangerine)*



Wednesday February 7th

Executive buffet menu

Starters

- *Salad bar*
- *Caesar salad station*
- *Al mojo cassava salad (Cassava, butter, cilantro, onion, parsley)*
- *Chicken with black beans, corn, colored peppers, red onion, ginger, olive oil and lemon juice.*
- *Greek salad (tomato, cucumber, red onion, olive, feta cheese, olive oil, oregano)*
- *Lentil soup with beef shank and annatto. (lentils, shank, salt, pepper, onion, garlic, cilantro, water, annatto, carrot)*
- *Fried ceviche with passion fruit, coconut milk and mango (red snapper fish, tempura, red onion, lemon, salt, passion fruit, coconut milk, mango)*

Hot station

- *Chicken breast in mushroom sauce (Mushrooms, natural gravy, onion, olive oil)*
- *Beef fillet in tamarind sauce (Tamarind, apple juice, brown sugar)*
- *Catch of the day in caper sauce (Capers, white wine, butter, onion, garlic and parsley)*
- *Rice with sweet plantain (National rice, fried sweet plantain, chicken stock, salt)*
- *Vegetables in butter (Carrot, zucchini, eggplant, broccoli)*
- *Gratin mashed potatoes with national cheese (Potato, butter, evaporated milk, mozzarella cheese, national cheese, whipping cream)*

Desserts

- *Passion fruit mousse (whipping cream, passion fruit, white sugar, gelatine)*
- *Brownies (butter, sugar, egg, cocoa powder, wheat flour)*
- *Fruit (apple, banana, pear, tangerine)*



Thursday February 8th Executive buffet menu

Starters

- *Salad bar*
- *Caesar salad station*
- *Potato salad (potato, beetroot, egg, carrot, mayonnaise)*
- *Salad with sweet plantain and fetta cheese (lettuce, fried sweet plantain, fetta cheese)*
- *Mediterranean style green salad (radish, lettuce, spinach, sprout, cherry tomatoes, cucumber, red onion, lemon juice, olive oil, vinegar)*
- *Peasant soup (pigeon peas and chorizo)*
- *Shrimp ceviche (shrimp, pineapple, red onion, cilantro, tomato sauce, lemon and a light touch of tabasco)*

Hot station

- *Beef fillet in chimichurri sauce (beef fillet, salt, pepper, parsley, cilantro, vegetable oil, onion, garlic, oregano, lemon, vinegar, olive oil, onion, bell pepper)*
- *Chicken in creole sauce (chicken breast, tomato, onion, cilantro)*
- *Fish in smoked lemon sauce (lemon juice, butter, garlic, onion and parsley)*
- *Rice with pigeon pea and coconut (national rice, celery, onion, cilantro, pigeon pea, garlic, coconut milk)*
- *Vegetables with garlic (carrot, zucchini, eggplant, broccoli, butter, garlic)*
- *Pot tamale with vegetables (national corn dough, achiote, onion, tomato, green, yellow and red paprika, red onion, olive, raisin)*

Desserts

- *Rice pudding (special rice, whole milk, sugar, condensed milk, cinnamon, raisins)*
- *Pineapple upside down cake (pineapple, caramel, wheat flour, egg, sugar, condensed milk, cinnamon, and raisins)*
- *Fruit (apple, banana, pear, tangerine)*



Friday February 9th

Executive buffet menu

Starters

- *Salad bar*
- *Caesar salad station*
- *Pasta salad with roasted vegetables (short pasta, zucchini, eggplant, peppers, dressed with balsamic reduction and herbs)*
- *Leafy greens salad with vegetables and passion fruit vinaigrette (tomato, red onion, preserved radish, corn, carrot)*
- *Coleslaw salad (cabbage, white onion, mayonnaise)*
- *Panamanian style smoked rib soup (olive oil, celery, tomato, white onion, carrot, potato, fried tortilla, whipping cream, milk)*
- *English-style shrimp (garlic, onion, sautéed celery, soy sauce, Worcestershire sauce, spicy, mayonnaise)*

Hot station

- *Pork with pineapple BBQ sauce (BBQ sauce, natural pineapple, butter, brown sugar)*
- *Catch of the day in coconut and curry sauce (coconut milk, curry, olive oil)*
- *Chicken in pepper sauce (vegetable stock, gravy, peppercorns, whipping cream)*
- *Rice with sweet plantain and coconut*
- *Gratin vegetables (carrot, zucchini, eggplant, broccoli, bechamel sauce, mozzarella cheese)*
- *Sautéed baby potatoes with sun-dried tomato and thyme (baked, dried tomato aside)*

Desserts

- *Chocolate mousse (whipping cream, dark chocolate, and gelatine)*
- *Profiteroles filled with hazelnut cream (wheat flour, milk, sugar, butter, salt pastry cream, hazelnut cream)*
- *Fruit (apple, banana, pear, tangerine)*



Saturday February 10th

Executive buffet menu

Starters

- *Salad bar*
- *Caesar salad station*
- *Cassava salad with mojo (cassava, butter, onion, cilantro)*
- *Salad with tomatoes, cucumbers and pickled red onions and lemon vinaigrette*
- *Sweet corn soup (new corn cobs, vegetable oil, onion, cilantro, paprika)*
- *Shrimp with creamy curry (shrimp, homemade spiced curry, garlic butter, paprika, sugar, sour cream, sugarcane honey)*

Hot station

- *Catch of the day in white wine and lemon sauce (fish stock, lemon, white wine, oil)*
- *Chicken in tamarind sauce (chicken stock, tamarind, orange juice, brown sugar)*
- *Beef fillet in mushroom sauce*
- *Rice with black beans (gallo pinto) (olive oil, onion, red pepper, white rice, black beans, bacon, garlic, cilantro)*
- *Vegetables with garlic (carrot, eggplant, zucchini, garlic, butter, peppers)*
- *Mashed sweet potato with leek (sweet potato, butter, evaporated milk, leek)*

Desserts

- *Bocado del rey y reina (vanilla sponge cake, condensed milk, whole milk, condensed milk, eggs, raisins, cinnamon)*
- *Bread pudding muffin with frosting (caramel, raisins, bread, sugar, cinnamon, shortening)*
- *Fruit (apple, banana, pear, tangerine)*